

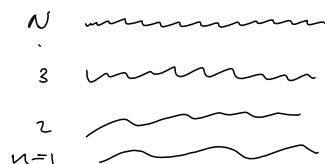
Literature:

U. Weiss: Quantum Dissipative Systems, 2nd Edition (1999) (World Scientific, Singapore)

A. Leggett: Dynamics of the Dissipative Two-State System, Rev. Mod. Phys., 59, 1 (1987)

Finite Quantum Systems are always coherent: energy is conserved,
and is transferred back and forth between degrees of freedom:

$$|\psi(t)\rangle = \sum_{n=1}^N e^{-iE_n t} |n\rangle \quad (t=1)$$



$$|\psi(t)\rangle = |\psi(0)\rangle \quad \text{if} \quad E_n t = 2\pi n' \quad \forall n$$

Return time is finite: approximate E_n 's by rational numbers: $E_n \approx \frac{K_n}{M_n}$
 $\Rightarrow$ for $t = 2\pi \frac{\prod_{n=1}^N M_n}{K_n}$, we have $E_n t = 2\pi K_n \frac{\prod_{n=1}^N M_n}{K_n} = \text{of form } 2\pi n'$

Simple Example: 2-State System:

$$H = -\frac{1}{2} \begin{pmatrix} 0 & \Delta \\ \Delta & 0 \end{pmatrix} = -\frac{1}{2} \sigma_x$$

$$\text{Eigenstates: } |1\rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ 1 \end{pmatrix}, \quad |2\rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ -1 \end{pmatrix} \quad (2)$$

$$\text{Eigenenergies: } E_1 = -\frac{1}{2} \Delta, \quad E_2 = \frac{1}{2} \Delta \quad \text{splitting: } E_2 - E_1 = \Delta \quad (3)$$

$$\text{Suppose } |\psi(0)\rangle = \begin{pmatrix} 1 \\ 0 \end{pmatrix} = \frac{1}{\sqrt{2}} (|1\rangle + |2\rangle) \quad (4)$$

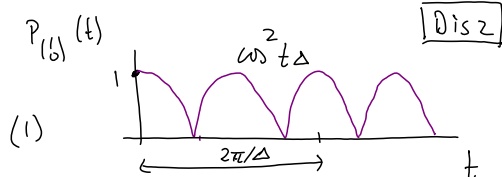
Time evolution:

$$|\psi(t)\rangle = e^{-iHt} |\psi(0)\rangle = \frac{1}{\sqrt{2}} (e^{-iE_1 t} |1\rangle + e^{-iE_2 t} |2\rangle) \quad (5)$$

$$P_{(1)}(t) = |\langle \psi(0) | \psi(t) \rangle|^2 = \left| \frac{1}{\sqrt{2}} (e^{-iE_1 t} \frac{1}{\sqrt{2}} + e^{-iE_2 t} \frac{1}{\sqrt{2}}) \right|^2 \quad (6)$$

$$= \left| e^{-i(E_1+E_2)t/2} \frac{1}{2} (e^{-it(E_1-E_2)/2} + e^{it(E_1-E_2)/2}) \right|^2 = \cos^2 t \Delta \quad (7)$$

System oscillates forever between its two eigenstates. (8)



Depiction on Bloch sphere

Disc 3

Write $H = -\vec{S} \cdot \vec{B}$ ($\vec{S} = \frac{1}{2} \vec{\sigma}$; $B_x = \Delta$, $B_y = 0$, $B_z = 0$) (1)

Heisenberg eq. of motion: $\partial_t S_i(t) = -i [S_i, H] = -i (\Delta) \sum_m [S_i, S_m B_m]$ (2)

$i \epsilon_{lmn} S_n B_m = i (\vec{B} \times \vec{S})_l$

$\partial_t \vec{S} = \vec{S} \times \vec{B}$ (3)

$\dot{S}_x = S_y B_z - S_z B_y = 0$ (4)

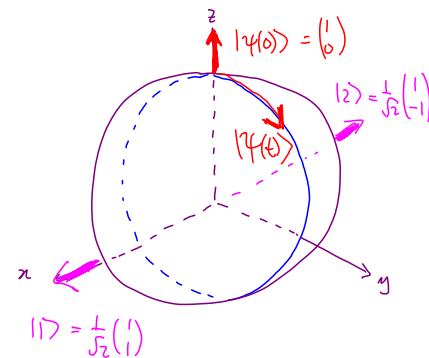
$\dot{S}_y = S_z B_x - S_x B_z = \Delta S_z$ (5)

$\dot{S}_z = S_x B_y - S_y B_x = -\Delta S_y$ (6)

$\ddot{S}_z = -\Delta \dot{S}_y = \Delta^2 S_z$ (7)

$S_z(t) = \cos \Delta t S_z(0)$ (8)

$P(t) \equiv \langle \hat{z} \cdot \vec{S}(t) \rangle = \langle S_z(t) \rangle = \cos \Delta t \langle S_z(0) \rangle$



Dissipation: Bloch Eqs:

Disc 4

We would like to describe damping.
Suppose there is a random fluctuating field in z -direction; it will rotate $S_z \leftrightarrow S_y$ into each other, causing both to decay.

Phenomenological description: "Bloch equations" (1946)

$\dot{S}_x = -\frac{1}{T_1} (S_x - S_x^{eq})$ (1)

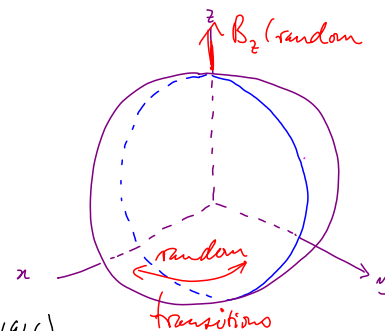
T_1 : rate for energy-changing transitions
 S_x^{eq} : equilibrium value of S_z .

$\dot{S}_y = \Delta S_z - \frac{1}{T_2} S_x$ (2)

T_2 : rate for energy-conserving transit.

$\dot{S}_z = -\Delta S_y$ (3)

(no damping, since random field
is in z -direction)



Solution of Bloch Eqs:

Dis 5

(4.1) : exp. decay: $S_x(t) = S_x^{\text{eq}} + [S_x(0) - S_x^{\text{eq}}] e^{-t/T_1}$

$-\frac{1}{\Delta} \partial_t^{(4.3)} :$ $\ddot{S}_z^{(4.3)} = -\Delta \dot{S}_y^{(4.2)} = -\Delta \left(\Delta S_z - \frac{1}{T_2} S_y \right)$ (1)

(4.3) $-\dot{S}_z/\Delta$

$\ddot{S}_z + \frac{\dot{S}_z}{T_2} + \Delta^2 S_z = 0$ (2)

$S_z(t)$ performs damped harmonic oscillations with damping constant $\gamma = \frac{1}{T_2}$.

Applett: <http://comp.uark.edu/~jgeabana/blochapps/blocheqs2.html>

To make contact with our notation, take: $\text{Real}(\Omega) = \Delta_{\text{here}}$, $\text{Im}(\Omega) = 0$,
 $\gamma_1 = 0$, $\gamma_2 = \frac{1}{T_2} = \frac{1}{T_1}$, $\Delta_{\text{applett}} = 0$

To describe dissipation, quantum mechanically, we need a "bath" with infinitely many degrees of freedom. Then "system" can lose energy to bath, and "return time" becomes ∞ .

Experience shows: one useful way to model dissipation is to couple system to a bath of harmonic oscillators:

Famous Example: Spin-boson model: (Leggett, Rev. Mod. Phys., 1987)

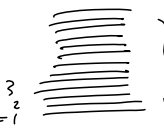
$H_S = -\frac{1}{2} \Delta \sigma_x + \frac{1}{2} \varepsilon \sigma_z$ (1) (we will take $\varepsilon = 0$ for simplicity)

$\uparrow$ spin, system

$H_{\text{bath}} = \sum_{\alpha} \omega_{\alpha} (b_{\alpha}^{\dagger} b_{\alpha} + \frac{1}{2})$ (2)

$H_{\text{int}} = \frac{\hbar}{2} \sigma_z \sum_{\alpha} \lambda_{\alpha} (b_{\alpha}^{\dagger} + b_{\alpha})$ (3)

$\underbrace{\sum_{\alpha} \lambda_{\alpha}}_{S_z} \underbrace{(b_{\alpha}^{\dagger} + b_{\alpha})}_{\tilde{B}_z} \sim \alpha_{\alpha} : \text{oscillators "shake" spin.}$
 like a fluctuating B_z -field



 $\omega_{\alpha+1} - \omega_{\alpha} = \delta\omega \rightarrow 0$

 (4)

Golden rule calculation of decay rates T_1, T_2

Dis 7

In (4.1), $1/T_1$ is the rate for flipping $S_x \rightarrow \pm S_x$, or $|1\rangle \leftrightarrow |2\rangle$ (1)

$$(4.2) \quad 1/T_2 \quad S_y \leftrightarrow -S_y \quad (2)$$

[for spin-boson model, we expect $T_1 = T_2$, since $\sigma_z \tilde{B}_z$ produces rotations around z-Axis]

Golden rule calculation for T_1 :

$$\frac{1}{T_1} = 2\pi \sum_{fi} P(i) |\langle f | H_{int} | i \rangle|^2 \delta(\epsilon_f - \epsilon_i) \quad (3)$$

[probability to be in initial state $|i\rangle$]

Form of {initial
final} states:

$$\begin{aligned} |i\rangle &= |0\rangle \otimes |B\rangle \\ |f\rangle &= |\bar{0}\rangle \otimes |B'\rangle \end{aligned} \quad \left\{ \begin{array}{l} |0\rangle = |1\rangle \text{ or } |2\rangle \\ |\bar{0}\rangle = |2\rangle \text{ or } |1\rangle \end{array} \right. \quad \text{arbitrary bath states} \quad (4)$$

$$|B\rangle = \prod_{\{n_1, n_2, \dots\}} |n_1\rangle |n_2\rangle \dots$$

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$$\frac{1}{T_1} = 2\pi \sum_{B, B'} P(B) \sum_{\sigma=1,2} |\langle \bar{\sigma} | \langle B' | H_{int} | \sigma \rangle | B \rangle|^2 \delta(E_{\bar{\sigma}} + E_{B'} - E_{\sigma} - E_B) \quad (1) \quad \text{Dis 8}$$

$$\hookrightarrow q \langle \bar{\sigma} | \frac{1}{2} \sigma_z | \sigma \rangle \langle B' | \sum_{\alpha} \lambda_{\alpha} (b_{\alpha}^{\dagger} + b_{\alpha}) | B \rangle \quad (2)$$

$$= 2\pi \frac{q^2}{4} \sum_{B, B'} P(B) \sum_{\alpha, \alpha'} \lambda_{\alpha}^* \lambda_{\alpha} \langle B | b_{\alpha'}^{\dagger} + b_{\alpha'} | B' \rangle \langle B' | b_{\alpha}^{\dagger} + b_{\alpha} | B \rangle \sum_{\sigma} \delta(E_{\bar{\sigma}} - E_{\sigma} + E_{B'} - E_B) \quad (3)$$

$$= \frac{q^2}{2} \sum_{B, B'} P(B) \sum_{\alpha, \alpha'} |\lambda_{\alpha}|^2 \delta_{\alpha, \alpha'} \left[\langle B | b_{\alpha'}^{\dagger} | B' \rangle \langle B' | b_{\alpha} | B \rangle \delta(E_2 - E_1 - \omega_{\alpha}) \right. \\ \left. + \langle B | b_{\alpha'} | B' \rangle \langle B' | b_{\alpha}^{\dagger} | B \rangle \delta(E_1 - E_2 + \omega_{\alpha}) \right] \quad \left\{ \begin{array}{l} E_{B'} = E_B - \omega_{\alpha}, \sigma=1 \\ E_{B'} = E_B + \omega_{\alpha}, \sigma=2 \end{array} \right. \quad (4)$$

$|B\rangle$ and $|B'\rangle$ can differ only by one boson, hence $\alpha = \alpha'$

$$= \frac{q^2}{2} \sum_{\alpha} |\lambda_{\alpha}|^2 \sum_B P(B) \left[\langle B | b_{\alpha}^{\dagger} b_{\alpha} | B \rangle + \langle B | b_{\alpha} b_{\alpha}^{\dagger} | B \rangle \right] \delta(\omega_{\alpha} - \Delta) \quad (5)$$

$$\left. \begin{array}{l} \bar{n}_{\alpha} = [e^{\omega_{\alpha}/T} - 1]^{-1} = \text{average boson number in mode } \alpha \\ b_{\alpha}^{\dagger} b_{\alpha} + 1 \rightarrow \bar{n}_{\alpha} + 1 \end{array} \right\} \sim (2\bar{n}_{\alpha} + 1) = \frac{2 + e^{-\omega_{\alpha}/T}}{e^{\omega_{\alpha}/T} - 1} = \coth \frac{\omega_{\alpha}}{2T}$$

$$= \frac{q^2}{2} \sum_{\alpha} |\lambda_{\alpha}|^2 \delta(\omega_{\alpha} - \Delta) \coth \frac{\omega_{\alpha}}{2T} \quad (6)$$

$$= \frac{q^2}{2T} \coth \left(\frac{\Delta}{2T} \right) \left[\pi \sum_{\alpha} |\lambda_{\alpha}|^2 \delta(\omega_{\alpha} - \Delta) \right] \equiv J(\Delta) = \text{"spectral function"} = \text{characterizes strength of bath-spin coupling} \quad (7)$$

Final result:

$$1/T_1 = \frac{q^2}{2} \coth \left(\frac{\Delta}{2T} \right) J(\Delta) \quad (8)$$